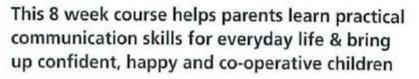


Being a Parent Course

Empowering Parents, Empowering Communities (EPEC)



Open College Network Accredited

When: Thursdays 10:00 - 12:00

Starting: Introduction Session 4th October at 10:00

11th October- 6th December 2018 (Weekly,

excluding half term)

Where: Ethelred Children's Centre

White Hart Street London SE11 4EP

This is a free course for Mums, Dads and Carers who experience mental health difficulties. This course works best if your child is aged 2-11 years.

Crèche available for babies and children (6 mths – 4 yrs)

Come along to the introduction session on 4th October, to find out more, with no pressure to commit to the rest of the group.

If you have any further questions or to book a place, please contact:

The EPEC Project on 020 3228 3914 or Email: epec@slam.nhs.uk



South London and Maudsley

NHS Foundation Trust