



## Online Stand-Up Course from The Comedy School Starting in October

We've been offering The Comedy School's Improvisation course online, specifically designed for SLaM Recovery College, for quite a while now, and we are delighted to now be able to offer a course all about Stand-Up.

This is an exciting opportunity for students who want to develop confidence and learn skills to work alongside others.

Over seven weeks, the course will guide you through the process of becoming a stand-up comedian, from writing your first piece of material to your debut performance.

Topics covered include:

- Generating Material
- Developing Performance Skills
- Discovering Your Comic Attitude
- Examining Stage Persona
- Exploring Joke Structure

The sessions are run by sensitive professionals from the comedy circuit. The course culminates with an informal sharing, in which you perform a comedy routine to a warm and friendly audience.

No previous experience of stand-up comedy performing is required.

**Who can take part?** Places on this course are only available for students with a connection to SLaM\* - either as a service user, a carer, a volunteer, a peer supporter, an Involvement Register member, or a member of staff.

\* South London and Maudsley NHS Foundation Trust

**Limited places** If you wish to take part in the seven-week course you will first have to enrol on one of two taster sessions.

There are 12 places available on each of the two taster sessions (24 in total), and 12 places on the seven-week courses.

If more than 24 people apply for the taster sessions, we will choose the successful applicants randomly, using a random number generator.

If, after the taster sessions, more than 12 people want to take part in the full course, we will, again, choose randomly.

## Dates:

### Taster Sessions

Taster 1 | 1pm-3pm | Tuesday 12<sup>th</sup> October

Taster 2 | 1pm-3pm | Tuesday 19<sup>th</sup> October

### Seven-Week Course

Week 1 | 1pm-3pm | Tuesday 2<sup>nd</sup> November

Week 2 | 1pm-3pm | Tuesday 9<sup>th</sup> November

Week 3 | 1pm-3pm | Tuesday 16<sup>th</sup> November

Week 4 | 1pm-3pm | Tuesday 23<sup>rd</sup> November

Week 5 | 1pm-3pm | Tuesday 30<sup>th</sup> November

Week 6 | 1pm-3pm | Tuesday 7<sup>th</sup> December

Week 7 | 1pm-3pm | Tuesday 14<sup>th</sup> December

**Format of the course** These sessions will be run using the Microsoft Teams Meetings format, *meaning that you will be both seen and heard by other participants, and the sessions won't be recorded.*

**Register your interest** Please complete this online form to express your interest:

<https://forms.office.com/Pages/ResponsePage.aspx?id=SuTPoS5oUqOctA7m1iHqjpd3n-l3AxAj-8hQpHMfNIUN0FMsk9LRVFBQ0dQQ0NZVFYxSutXWFBUUC4u>

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